

| Date   | Time          | Activities & Events  | Location  | Sponsoring Agencies   | For more information  |
|--------|---------------|--|---|---|---|
| May 2  | 4:00pm-5:30pm | Fire Support Group<br>Topic: Learn and develop new self-care activities  | Buckelew Programs<br>2300 Northpoint Parkway,<br>Santa Rosa, CA 95407           | Buckelew Programs   | Katie Swan, Buckelew Programs<br><a href="mailto:katies@buckelew.org">katies@buckelew.org</a><br>707-583-5284                                 |
| May 3  | 4:00pm-7:00pm | Resource Fair and Film Crazywise   | The Glaser Center<br>547 Mendocino Avenue<br>Santa Rosa, CA                     | Goodwill-Redwood Empire,<br>Sonoma County Behavioral Health | Kate Roberge<br><a href="mailto:kroberge@gire.org">kroberge@gire.org</a><br>707-483-7425  |
| May 7  | 4:00pm-6:00pm | Introduction to Buckelew Programs including discussion on Self-Care  | Sonoma County Family YMCA<br>1111 College Ave,<br>Santa Rosa, CA 95404          | Buckelew Programs,<br>Sonoma County Family YMCA             | Katie Swan, Buckelew Programs<br><a href="mailto:katies@buckelew.org">katies@buckelew.org</a><br>707-583-5284                                 |
| May 9  | 7:00pm        | Screening of Not Alone, a film about teen depression and suicide   | Petaluma Boulevard Cinemas<br>200 C Street<br>Petaluma, CA                      | Commission on the Status of Women                           | Trisha Almond<br>President & Founder<br>707-529-4806  |
| May 10 | 4:00pm-5:30pm | Petaluma Education and Support Group<br>Topic: Join us in creating health and wellness vision boards                           | First Presbyterian Church,<br>Fire Side Room<br>939 B Street, Petaluma CA       | Buckelew Programs   | Katie Swan, Buckelew Programs<br><a href="mailto:katies@buckelew.org">katies@buckelew.org</a><br>707-583-5284<br>Please RSVP-Space is limited |
| May 12 | 1:00pm-2:00pm | Russian River Empowerment Center<br>Fashion Show Fundraiser  | Guerneville Community Church<br>14520 Armstrong Woods Road<br>Guerneville, CA   | West County Community Services                              | Miller Phoenix<br>707-604-7264<br><a href="mailto:Miller.phoenix@westcountyservices.org">Miller.phoenix@westcountyservices.org</a>            |
| May 14 | 4:00pm-6:00pm | Sonoma County Behavioral Health Family Education and Support Group<br>Topic: Mental Health Resiliency with Peer/Consumer Panel | Norton Center West Wing<br>Conference Room<br>3322 Chanate Road, Santa Rosa, CA | Sonoma County Behavioral Health,<br>Buckelew Programs       | Katie Swan, Buckelew Programs<br><a href="mailto:katies@buckelew.org">katies@buckelew.org</a><br>707-583-5284<br>Please RSVP-Space is Limited |
| May 15 | 5:30pm-7:30pm | A Safe Place to Land Support and Education Group<br>Topic: Join us in creating hope and resiliency vision boards               | Buckelew Programs<br>2300 Northpoint Parkway<br>Santa Rosa, CA 95407            | Buckelew Programs   | Katie Swan, Buckelew Programs<br><a href="mailto:katies@buckelew.org">katies@buckelew.org</a><br>707-583-5284<br>Please RSVP-Space is Limited |

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| May 18 | 2:00pm-4:00pm  | Community Health Outreach Workers-Presentation: Voices and other unusual experiences by Michelle Davis  | City View Room<br>625 Fifth Street, Santa Rosa, CA   | Buckelew Programs   | Katie Swan, Buckelew Programs<br><a href="mailto:katies@buckelew.org">katies@buckelew.org</a><br>707-583-5284<br>Please RSVP-Space is Limited   |
| May 19 | 1:00pm-4:00pm  | Recovery Discovery Fair:<br>An afternoon of learning about the many resources that are available to those in our community who are recovering from the Sonoma wildfires | Goodwill-Redwood Empire,<br>651 Yolanda Avenue,<br>Santa Rosa, CA 95404                          | Goodwill-Redwood Empire,<br>Sonoma County<br>Behavioral Health,<br>California H.O.P.E | Laurie Petta<br>Goodwill-Redwood Empire<br><a href="mailto:lpetta@gire.org">lpetta@gire.org</a><br>707-523-0550                                 |
| May 19 | 1:00pm-4:00pm  | Still My Person: A yearly event for children, teens & their families to remember someone who has died.  | Hospice of Petaluma,<br>416 Payran Street<br>Petaluma, CA  | St. Joseph Health<br>Hospice Services   | Free Registration<br>Please call Gina Carini at<br>707-568-1094   |
| May 24 | 11:30am-1:00pm | LSP Testimonios Project Presentation:<br>Youth Promotor of Mental Health  | Sonoma County Department of<br>Health Services, City View Room<br>625 5th Street, Santa Rosa, CA | Latino Service Providers<br>Testimonios Project                                       | Lupe Navarro<br>Program Manager<br>707-837-9577<br><a href="mailto:gnavarro@latinoserviceproviders.org">gnavarro@latinoserviceproviders.org</a> |
| May 24 | 11:30am-1:30pm | Buckelew Programs invites you to Tea and Coffee!<br>Visit our office to learn about Buckelew Programs and other mental health resources.                                | Buckelew Programs<br>2300 North Point Parkway,<br>Santa Rosa, CA 95407                           | Buckelew Programs   | Katie Swan, Buckelew Programs<br><a href="mailto:katies@buckelew.org">katies@buckelew.org</a><br>707-583-5284                                   |
| May 25 | 3:00pm-4:30pm  | West County Care and Share- Family Support and Education Group<br>Topic: Video and discussion on overcoming barriers and reaching personal goals                        | Tarsier Conference Room O'Reilly Media<br>1005 Gravenstein Hwy North<br>Sebastopol, CA           | Buckelew Programs   | Katie Swan, Buckelew Programs<br><a href="mailto:katies@buckelew.org">katies@buckelew.org</a><br>707-583-5284<br>Please RSVP-Space is Limited   |
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