



SONOMA COUNTY MENTAL HEALTH BOARD Minutes of

July 19th, 2022

This Meeting:
Virtually Zoom Webinar



Minutes are posted in draft form and after approval at www.sonoma-county.org/mhboard
Email: dhs-mhb@sonoma-county.org

Please Note: A list of commonly used abbreviations and acronyms is attached

This meeting's Zoom webinar audio recording will also be posted on the Mental Health Board web page as an attachment to these minutes.

CALL TO ORDER

Meeting called to order at 5:02 PM by Kathy Smith.

ROLL CALL

Present: Bob Cobb, District 4
Michael Reynolds, District 2
Peter McAweeney, District 4
Connie Petereit, District 4
Peterson Pierre, District 1

Excused: Kathy Smith, District 5

Absent: Annabel Nygard, District 3; Betzy Chavez, District 1; Mary Ann Swanson, District 2; Michael Johnson, District 3; Missy Jackson, District 1; Vanessa Nava, District 3

SRJC PEERS Coalition Representative: No Representative

Sonoma County Board of Supervisor: No Representative

County of Sonoma DHS, Behavioral Health Division: Jan Cobaleda-Kegler

Community Members: Susan Keller, Melissa Ladrech, Elizabeth Vermiyea, Sean Kelson, Christy Davila, Lynda Kaufmann, Liz George, Jenny, Katie Swan

ANNOUNCEMENTS /PUBLIC INTRODUCTIONS & COMMENTS

- 1) You may submit agenda items for consideration prior to the Executive Committee meeting, normally held on the first Wednesday of each month, 10:30 AM to Noon. Email or call MHB clerk (707) 565-4850, DHS-MHB@sonoma-county.org to verify the next meeting date.
- 2) There are three (3) vacancies: one in District 2 (Rabbitt), and two in District 5 (Hopkins). If you are interested in serving on the Board, please contact MHB Clerk (707) 565-4850, DHS-MHB@sonoma-county.org
- 3) Please direct all your questions to the Chair.

APPROVAL OF MINUTES

- No quorum – approval of June 21st and June 25th meeting minutes postponed until September 20th meeting.

CONSUMER AFFAIRS

- Sean Kelson – Program manager for the Wellness and Advocacy Center
 - At the Interlink September forum Sean will be bringing of the topic of inviting, honoring and welcoming sobriety in our community. Hopes to have a conversation around culture shifting around sobriety. Planning to develop a social marking campaign for inviting sobriety and increasing awareness of this topic. (Handout attached).

PUBLIC COMMENTS:

- Lynda Kaufman works for Psynergy Programs

SPECIAL PRESENTATION:

-

BEHAVIORAL HEALTH DIRECTOR’S REPORT/HBH FISCAL UPDATE/MENTAL HEALTH SYSTEM: *Bill Carter or Designee Sonoma County’s Mental Health Services Act [MHSA]* newsletter is available at the link <http://www.sonoma-county.org/health/about/pdf/mhsa/>

- Dr. Jan Cobaleda-Kegler, new BH Division Director. Today marks 30 days in the position.
 - Introduction – Worked in Contra Costa County in BH Services as Chief of Older Adult BH for 6 years. Prior to that spend 20 years working in the Children’s system of care. Therapist by training. Has worked with Children and Teens in every type of program there is.
 - On her first 100 days getting to know the systems and programs of Sonoma. Coming to different groups and getting to know them.
 - Cares deeply about BH and how it needs to be consistently viewed and considered the context of health promotion, health care and financing.
 - Wants to promote MH, resilience, and wellbeing. Physical and community health are interconnected with mental health. Prevention and early intervention help with overall community health. The more we care of folks who have MH issues or substance issues, this leads to improved physical health.
 - Very impresses and touched during her first 30 days with the commitment of staff. BH is struggling with staffing, and we are trying to rebuild and get back to where we were before the pandemic.
 - Because of the collective community trauma that we have had, we are healing as a community. Trying to bring trauma informed viewpoint into the work. “What happened to us?” vs. “What is wrong with us?”
 - CAL Aim program will help our providers provide more services.
 - Jan welcomes any feedback; door is always open.

PEERS (PEOPLE EMPOWERING EACH OTHER TO REALIZE SUCCESS) COALITION INTERN REPORT:

- No Report

Voting of new MHB Chair and Vice Chair:

- Mary Ann Swanson nominates Peterson Pierre for Chair and Betzy Chavez for vice chair.
 - Mary Ann Swanson – approved
 - Kathy Smith – approved
 - Bob Cobb – approved
 - Peter McAweeny – approved
 - Annabel Nygard – approved
 - Peterson Pierre – approved
 - Betzy Chavez – approved
 - Michael Johnson – approved
 - Michael Reynolds – approved

Other Agenda Items:

- MHB Retreat – will be held Jun 25th from 9am to 3pm at Howarth Park, small picnic area
“Lower Oak 2” – 360 Summerfield Road, Santa Rosa

MHB CHAIR’S REPORT:

- Three vacancies; one in District 2 (Rabbit) Carol West will be stepping down as of July 1st, 2022 and two vacancies in district 5 (Hopkins)

BOARD AND PUBLIC COMMENTS/CONCERNS/ACCOMPLISHMENTS:

- None

Motion to adjourn by Mary Ann Swanson, Peterson Pierre seconded.
Meeting adjourned 6:42pm

ABBREVIATIONS & ACRONYMS

5150	Declared to be a danger to self and/or others
AB3632	Assembly Bill - State-mandated MH services for seriously emotionally disturbed youth - discontinued by State
ACA	Affordable Care Act
ACL	All County Letter
ACT	Assertive Community Treatment (program run by Telecare)
ANSA	Adult Needs and Strengths Assessment – a “tool” for determining which services are needed by each particular adult client
AODS	Alcohol and Other Drugs Services – now a part of the Mental Health Division and called SUDS
ART	Aggression Replacement Therapy
BHD	Behavioral Health Division (Sonoma County)
CADPAAC	County Alcohol and Drug Program Administrators’ Association of California
CAHPS	Consumer Assessment of Healthcare Providers and Systems
CalEQRO	California External Quality Review Organization
CALMHB/C	California Association of Local Mental Health Boards & Commissions - comprised of representatives from many MHBs in the State

CANS	Child, Adolescent Needs and Strengths (Assessment) – helps determine which services are needed by each child client
CAPE	Crisis Assessment, Prevention, and Education Team; goes into the schools when called to intervene in student mental health matters
CAPSC	Community Action Partnership-Sonoma County
CARE	California Access to Recovery Effort
CBT	Cognitive Behavioral Therapy
CCAN	Corinne Camp Advocacy Network - Peers involved in mental health advocacy
CDC	Sonoma County Community Development Commission
CDSS	California Department of Social Services
CFM	Consumer and Family Member
CFR	Code of Federal Regulations
CFT	Child Family Team
CHD	California Human Development
CHFFA	California Health Facilities Financing Authority
CIP	Community Intervention Program
CIT	Crisis Intervention Training (4-day training for law enforcement, to help them identify and respond to mental health crisis situations)
CMHC	Community Mental Health Centers, Located in Petaluma, Guerneville, Sonoma, and Cloverdale (part of SCBH))
CMHDA	California Mental Health Directors Association
CMHL	SCBH’s Community Mental Health Lecture series - open to the public - usually takes place monthly
CMS	Centers for Medicare and Medicaid Services
CMSP	County Medical Services Program - for uninsured, low-income residents of the 35 counties participating in the State program
CONREP	Conditional Release Program (State-funded, SCBH-run, but will be turned over to the State 6/30/14)
CPS	Child Protective Service
CPS (alt)	Consumer Perception Survey (alt)
CRU	Crisis Residential Unit (aka Progress Sonoma-temporary home for clients in crisis, run by Progress Foundation)
CSU	Crisis Stabilization Unit (Sonoma County Behavioral Health’s psychiatric emergency services at 2225 Challenge Way, Santa Rosa, CA 95407)
CSAC	California State Association of Counties
CSN	Community Support Network (contract Provider)
CSS	Community Services and Support (part of Mental Health Services Act-MHSA)
CWS	Child Welfare Services
CY	Calendar Year
DAAC	Drug Abuse Alternatives Center
DBT	Dialectical Behavioral Therapy
DHCS	(State) Department of Health Care Services (replaced DMH July 1, 2011)
DHS	Department of Health Services (Sonoma County)
DPI	Department of Program Integrity
DSRIP	Delivery System Reform Incentive Payment
EBP	Evidence-basis Program or Practice

EHR	Electronic Health Record
EMR	Electronic Medical Record
EPSDT	Early and Periodic Screening, Diagnosis and Treatment (Children’s Full Scope Medi-Cal to age 21)
EQRO	External Quality Review Organization (annual review of our programs by the State)
FACT	Forensic Assertive Community Treatment
FASST	Family Advocacy Stabilization, Support, and Treatment (kids 8-12)
FQHC	Federally Qualified Health Center
FY	Fiscal Year
HCB	High-Cost Beneficiary
HIE	Health Information Exchange
HIPPA	Health Insurance Portability and Accountability Act
HIS	Health Information System
HITECH	Health Information Technology for Economic and Clinical Health Act
HSD	Human Services Department
HPSA	Health Professional Shortage Area
HRSA	Health Resources and Services Administration
IHT	Integrated Health Team (medical and MH services for adults)
IPU	Inpatient Psychiatric Unit
IRT	Integrated Recovery Team (for those with mental illness + substance use issues)
IMDs	Institutes for Mental Disease (residential facilities for those unable to live on their own)
INN	Innovation (part of MHSA)
IT	Information Technology
JCAHO	Joint Commission on Accreditation of Healthcare Organizations - accredits hospitals & other organizations
LEA	Local Education Agency
LG	Los Guilicos-Juvenile Hall
LGBQQTI	Lesbian/Gay/Bisexual/Queer/Questioning/Transgender/Intersexed (also LGBTQ)
LOS	Length of Stay
LSU	Litigation Support Unit
M2M	Mild-to-Moderate
MADF	Main Adult Detention Facility (Jail)
MDT	Multi-Disciplinary Team
MHB	Mental Health Board
MHBG	Mental Health Block Grant
MHFA	Mental Health First Aid
MHP	Mental Health Plan
MHSA	Mental Health Services Act
MHSD	Mental Health Services Division (of DHCS)
MHSIP	Mental Health Statistics Improvement Project
MHST	Mental Health Screening Tool
MHWA	Mental Health Wellness Act (SB 82)
MOU	Memorandum of Understanding
MRT	Moral Reconciliation Therapy
MST	Mobile Support Team - gets called by law enforcement to scenes of mental health crises

NAMI	National Alliance on Mental Illness
NBSPP	North Bay Suicide Prevention Project
NOA	Notice of Action
NP	Nurse Practitioner
OSHPD	Office of Statewide Health Planning and Development - the building department for hospitals and skilled nursing facilities in state
PA	Physician Assistant
PAM	Program Assessment Matrix Work Group
PATH	Projects for Assistance in Transition from Homelessness
PC 1370	Penal Code 1370 (Incompetent to Stand Trial, by virtue of mental illness)
PCP	Primary Care Provider (medical doctor)
PES	Psychiatric Emergency Services – (open 24/7 for psychiatric crises – 2225 Challenger Way, Santa Rosa, CA 95407)
PEI	Prevention and Early Intervention (part of Mental Health Services Act-MHSA)
PHF	Psychiatric Health Facility
PHI	Protected Health Information
PHP	Parker Hill Place - Telecare’s transitional residential program in Santa Rosa
PHP	Partnership Health Plan
PIHP	Prepaid Inpatient Health Plan
PIP	Performance Improvement Project
PM	Performance Measure
PPP	Triple P - Positive Parenting Program
PPSC	Petaluma People Services Center
QA	Quality Assurance
QI	Quality Improvement
QIC	Quality Improvement Committee
QIP	Quality Improvement Policy (meeting)
QIS	Quality Improvement Steering (meeting)
RCC	Redwood Children’s Center
RFP	Request for Proposals (released when new programs are planned and contractors are solicited)
RN	Registered Nurse
RRC	Russian River Counselors
ROI	Release of Information
SAR	Service Authorization Request
SB	Senate Bill
SBIRT	Screening, Brief Intervention, and Referral to Treatment
SCBH	Sonoma County Behavioral Health
SCOE	Sonoma County Office of Education
SDMC	Short-Doyle Medi-Cal
SED	Seriously Emotionally Disturbed
SELPA	Special Education Local Planning Area
SMHS	Specialty Mental Health Services
SMI	Seriously Mentally Ill
SNF (Sniff)	Skilled Nursing Facility
SOP	Safety Organized Practice

SPMI	Serious Persistent Mental Illness (or Seriously Persistently Mentally Ill)
SUDs	Substance Use Disorders Services (formerly AODS)
SWITS	Sonoma Web Infrastructure for Treatment Services
TAY	Transition Age Youth (18-25)
TBS	Therapeutic Behavioral Services
TFC	Therapeutic Foster Care
TSA	Timeliness Self-Assessment
VOMCH	Valley of the Moon Children's Home
WET	Workforce Education and Training (part of MHSA)
WCCS	West County Community Services
WCHC	West County Health Centers
WPC	Whole Person Care
WRAP	Wellness Recovery Action Plan
WRAP (alt)	Working to Recognize Alternative Possibilities (alt)
Wraparound	Community-based intervention services that emphasize the strengths of the child and family
YS/Y&F	Youth Services/Youth & Family (Sonoma County Behavioral Health)
YSS	Youth Satisfaction Survey
YSS-F	Youth Satisfaction Survey-Family Version