

— SONOMA COUNTY BEHAVIORAL HEALTH —

CONNECTION IS PREVENTION



Join us for this half-day conference on senior wellness & mental health.

“Connection is Prevention Day” emphasizes the role of human connections in preventing mental health challenges and nurturing a supportive community.

For more information, scan the QR code with your smartphone’s camera.



A Free Event

for ages 60 and better, plus caregivers

September 18, 2025 - 9:30 AM - 2:15 PM

1455 Corporate Center Parkway

Santa Rosa, CA

Must Register by Sept. 10, 2025

Denise Johnson • 707-525-0143 x119

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Free Continental Breakfast & Lunch • Speakers • Breakout Sessions • Vendors • Prizes & More!

